

PROGRAMME

ADVANCED COURSE IN ARTHROSCOPY AND SURGERY OF ELBOW

AUGUST, 08TH AND 09TH 2018



UNIDADE
BARRETOS

CHAIRMAN

Henrique Prata

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Hospital de Cancer de Barretos

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University of Strasbourg, France

DIRECTOR

Armando Melani

Director of IRCAD América Latina
Americas Medical City, Rio de Janeiro
Brazil

COURSE DIRECTORS

Gustavo Mantovani Ruggiero

São Paulo Hand Center
São Paulo, Brazil

José Carlos Garcia

NÆON, São Paulo, Brazil

OBJECTIVES

- ▶ to cover a broad spectrum of surgical procedures in arthroscopic surgery,
- ▶ to provide indications for surgical treatment and discuss operative complications,
- ▶ to highlight technicalities of surgical interventions through the broadcasting of videos,
- ▶ to allow discussion between the experts and the surgeon trainees,
- ▶ to provide hands-on sessions to improve skills in arthroscopic surgery through practice on cadaveric tissue under experts' tutorials,
- ▶ to describe postoperative clinical results and practical applications of evidence-based clinical medicine.

EDUCATIONAL METHODS

- ▶ hands-on training on cadaveric tissue in experimental lab,
- ▶ interactive theoretical and video sessions between Faculty and course participants.

FACULTY

ALVARO MOTTA JUNIOR (BRAZIL)

HÉLIO POLIDO GARCIA (BRAZIL)

ALVARO MURATORE (ARGENTINA)

JOSÉ CARLOS GARCIA JUNIOR (BRAZIL)

ANTÔNIO TUFÍ NEDER (BRAZIL)

MARCELO FREGONEZE (BRAZIL)

BRUNO GOBATTO (BRAZIL)

MARCIO AITA (BRAZIL)

BRUNO LOBO BRANDÃO (BRAZIL)

NISO BALSINI (BRAZIL)

GUSTAVO MANTOVANI (BRAZIL)

Wednesday, August 08th - 2018

Faculty & Participants Shuttle Bus : Hotel – IRCAD

07:40 am Registration

THEORETICAL SESSION

8:00 am 1. ELBOW ARTHROSCOPY

Chairmen: *Gustavo Mantovani (Brazil), Alvaro Muratore (Argentina)*

10'	Elbow Arthroscopic Anatomy, Set Up And Portals	A. Muratore
10'	Arthroscopic Treatment Of Epicondilitis	A. Motta Jr
10'	Arthroscopic Indications For Arthritic Elbow	M. Fregoneze
10'	Arthroscopic Release On Elbow Stiffness	N. Balsini
10'	Materials care	M. Moura <small>(Product Manager –H. Strattnr)</small>
10'	Lab Rules and Instructions	E. Belmonte <small>(IRCAD team)</small>

9:00 – 9:30 am Coffee break

PRACTICAL SESSION IN EXPERIMENTAL LABORATORY – CADAVER LAB

9:30 am	➤ Portals/Sinovectomy/Free Bodies	All Faculties
	➤ Lateral Epicondilitis Release	
	➤ Elbow Release/ Radial Head, Coronoid, Olecranon Ressection	

12:30 – 01:15 pm Lunch at the institute

THEORETICAL SESSION

1:15 pm 2. ELBOW FRACTURES AND INSTABILITY

Chairmen: *Marcelo Fregoneze (Brazil), Alvaro Motta Junior (Brazil)*

10'	Radial Head Fractures: ORIF X Arthroplasty	B. Brandão
10'	Instability of the Elbow	J. Garcia Jr
10'	Fracture/Dislocations of the Elbow and Terrible Triad	TBD
10'	Distal Humerus Fractures	A. Neder
10'	Essex-Lopresti Injuries, Diagnostic and Options of Treatment	G. Mantovani
10'	External Dinamic Fixation in Elbow Fracture-Dislocations	M. Aita
15'	Discussion	

PRACTICAL SESSION IN EXPERIMENTAL LABORATORY – CADAVER LAB

2:30 pm	➤ Medial /Lateral Ligament Reconstruction	All Faculties
	➤ Elbow Plates System (Radial Head/Olecranon/Distal Humerus)	
	➤ Coronoid Fractures Approach	
	➤ Dinamic External Fixation	

6:00 pm End of the course
Faculty & Participants Shuttle Bus : IRCAD – Hotel

Thursday, August 09th - 2018

Faculty & Participants Shuttle Bus : Hotel – IRCAD

THEORETICAL SESSION8:00 am **3. ELBOW ARTHROPLASTY****Chairmen:** Jose Carlos Garcia Jr (Brazil)

10'	Primary Arthroplasty on Elderly Elbow Fractures	M. Fregoneze
10'	Total Elbow Arthroplasty	B. Brandão
10'	Interposition Elbow Arthroplasty	J. Garcia Jr
20'	Discussion	

08:50 – 9:20 am **Coffee break****PRACTICAL SESSION IN EXPERIMENTAL LABORATORY – CADAVER LAB**9:20 am ➤ Total Elbow Arthroplasty **All Faculties**12:30 – 01:15 pm **Lunch at the institute****THEORETICAL SESSION**1:15 pm **4. NEW TRENDS ON ELBOW SURGERY AND CASE DISCUSSION****Chairmen:** Niso Balsini (Brazil), Bruno Gobatto (Brazil)

➤	New Trends on Elbow Surgery	
10'	3D Printing on Shoulder and Elbow Surgery	B. Gobatto
10'	Potential Application Of Laser On Arthroscopy	M. Aita
10'	'Scratch Test"- Applications in Upper Limb Surgery	G. Mantovani
10'	Cubital Tunnel Endoscopic Release	H. Garcia
45'	Cases Discussion	
➤	My Worst Case	
➤	My Best Cases	
➤	Iatrogenic Complications	

2:40 – 3:00 pm **Break****PRACTICAL SESSION IN EXPERIMENTAL LABORATORY – CADAVER LAB**3:00 pm Free Practice Activities **All Faculties**

- Nerves Dissection
- Laser Experimentation
- Implants Workshop
- New Techniques and Ideas

5:30 pm End of the course
Delivery of the certificates of attendance5:45 pm **Participants and Faculty Shuttle Bus** : IRCAD – Airports / Hotel